



ST NINIAN HOUSE

treatment rooms







Welcome to the beautiful St Ninian House Treatment Rooms. We are a boutique clinic that provides five star treatments for both men and women.

From the moment you arrive you will find yourself in complete luxury. Pamper yourself with the extensive range of treatments we can offer.

We pride ourselves in offering an unrivalled level of professional service and treat all our clients as VIPs.

We are located in the seaside town of Nairn in the Highlands.

We can offer:

- **Beauty Therapy**
- **Hair Stylist**
- **Clinical Dental Technician (Denture Clinic)**
- **Megasun Sunbed**

www.stninianhouse.com

info@stninianhouse.com

☎ 01667 453000

Facebook: [stninianhousetreatmentrooms](https://www.facebook.com/stninianhousetreatmentrooms)

St Ninian House Treatment Rooms
St Ninian Road
Nairn IV12 4EQ



FACIAL TREATMENTS

Skinbase Microdermabrasion	45 mins	£45.00
Environ Facials		
Active Vitamin Treatment (3 areas)	60mins	£50.00
Advanced Active Vitamin Treatment (10 areas)	90mins	£70.00
Collagen Power Facial	60 mins	£55.00
	90 mins	£72.00
The Frown Treatment	45 mins	£55.00
HydraBoost Treatment	60 mins	£55.00
Precision Treatment	30 mins	£35.00
Purifying Treatment (Mini Peel)	30 mins	£40.00
Cool Peel Treatment	60 mins	£45.00

Please discuss with therapist first

EYE TREATMENTS

Eyelash tint	£12.00
Eyebrow tint	£6.00
Eyelash & eyebrow tint	£16.00
Eyebrow tint & tidy	£12.00
Eyelash, eyebrow tint & tidy	£20.00
Lash lift & tint	£25.00
Lash lift without tint	£20.00
Strip lashes	from £5.00

*NB: Patch test must be done with perm, fix and glue 24/48 hours prior to treatment *use plasters**



ST NINIAN HOUSE
TREATMENT ROOMS
10% OFF VOUCHER TO USE
ON YOUR FIRST TREATMENT

10%
OFF



BODY TREATMENTS

Swedish Massage

Back, neck & shoulder	30 mins	£25.00
Full body	60 mins	£35.00
Including scalp	75 mins	£45.00
Scrub, shower & back massage	60 mins	£35.00

Lava Shell Massage

Relieve deep aches & pains with this unique massage which uses the natural benefits of tiger clam shells. Hydrating oils are used throughout the treatment to moisturise the skin. A treatment that will leave the body & mind revitalised and rebalanced.

Back, neck & shoulder	30 mins	£32.00
Full body	60 mins	£42.00

HOLISTIC TREATMENTS

Roman Hopi

Ear Candles	20 mins	£17.50
With scalp massage	30 mins	£23.00
With scalp & foot massage	45 mins	£35.00
With half hour express facial	60 mins	£40.00

MAKE-UP

Jane Iredale

Special occasion make-up with facial	60 mins	£30.00
Without facial	45 mins	£25.00
Bridal make-up, includes trial		£60.00
Application & supply of party strip lashes		£5.00 - £10.00

HAND & FEET TREATMENTS

Nail tidy (no polish)	20 mins	£12.00
Nail tidy (with polish)	30 mins	£15.00
Luxury manicure with gel		£30.00
Luxury pedicure with gel	75 mins	£35.00
Gel nail tidy	60 mins	£28.00
Gel toe tidy	60 mins	£28.00
Shellac removal (free if you re-book)		£10.00
Cuticle oils		£3.50

Acrylic nail extensions - ask at reception

WAXING

Waxperts

We believe in gentle, thorough, and pain-free waxing!

- The most flexible hot wax on the market
- Low melting point - perfect for sensitive skin
- Pre and post wax products available
- Contains essential oil and exact of lavender

Full leg wax	£22.00
Half leg wax	£18.00
Under arm wax	£8.00
Lip or chin wax	£6.00
Eyebrow wax	£8.00
Eyebrow reshape	£10.00
Bikini	£11.00
High bikini	£14.00
Brazilian	£28.00
Hollywood	£32.00
Half leg, bikini and V/A	£28.00
Eyebrow, lip & chin	£16.00

We do not double dip! NB: Patch test must be performed 24 hours prior to tinting treatment.



MEGA SUNBED
OPENING TIMES

Monday	9.00am - 6.30pm
Tuesday	9.00am - 6.30pm
Wednesday	9.00am - 7.00pm
Thursday	9.00am - 7.00pm
Friday	9.00am - 6.00pm
Saturday	10.30am - 4.00pm

PRICES FOR THE SUNBED

3 minutes	£3.00
6 minutes	£5.00
9 minutes	£6.50
12 minutes	£8.50
60 minutes	£40.00

No appointment needed - just walk in :)

WHAT IS A CLINICAL DENTAL TECHNICIAN

A Clinical Dental Technician is a modern addition to the dental team.

This new dynamic role is a fusion of two previously separate roles—That of a dentist and a Dental Technician. The result is a highly skilled professional who has crossover skills that a Dentist or a Technician alone does not possess. To qualify as a Clinical Dental Technician requires years of intensive postgraduate study and examination through various modules, for example; science, clinical skills, ethics and law, advanced denture construction, case studies. Their position allows them to offer patients, for the first time, direct treatment for the construction, repairing and fitting of removable dental appliances. Whilst Dentists and Clinical Dental Technicians work independently of each other, they often discuss treatment plans when it is in the best interest of the patient.

What can they offer you?

Whilst most commonly consulted by denture patients, Clinical Dental Technicians can offer a wide range of services, including advice on oral health. Along with performing technical and clinical procedures for removable dental appliances, they can carry out intensive clinical examinations to search for oral abnormalities and refer patients to other healthcare professionals where necessary.

St Ninian House has the only dedicated denture referral clinic in the Highlands, run by

Matthew J Donnachie, RDT CDT DipCDTRcs(Eng) GDC Number 154580

In a career which began in 1989, qualifying in 1996, Matthew has been on a journey of postgraduate education with many hours spent developing his skills and knowledge base.

Graduating in Dental Technology from Telford in Edinburgh in 1996. Matthew went on to complete a postgraduate in Clinical Dental Technology, graduating through prestigious Royal College of Surgeons in London, England in 2013.

Matthew has worked with everyone from General Dental Practitioners to Specialists and Consultants and is well respected among his peers.

His unbelievably realistic denture work, especially his Full Case tissue matching, has caught the eye of many dental colleagues and patients alike. Matthew creates all the smiles himself, in the St Ninian House Dental Laboratory. Partial denture patients (patients with some natural teeth) will require a referral from a Dentist prior to any treatment. Full denture patients (No natural teeth) can see Matthew directly. Consultations are free.



HAIR STYLING

Cut & Styling

Dry Cut		£14.00
Wet Cut		£16.00
Fringe Cut		£2.00
Child's Cut (12 and under)		£6.00 - £10.00
Gents Cut		£8.00
Cut and Blow Dry	Short	£24.00
Cut and Blow Dry	Long	£28.00
Restyle		£30.00
Blow Dry		£14.00
Shampoo Set		£12.00
Hair Up		£26.00
Hair Curls		£15.00 - £20.00

Colour & Perm

Full Head Tint	Short	£45.00
Full head Tint	Long	£55.00
Half Head Highlights		£48.00
Full Head Highlights		£64.00
Highlights and Tint		£65.00 - £70.00
Perm		£40.00

Concessions Prices

Dry Cut	£10.00
Blow Dry	£12.00
Shampoo Set	£10.00
Cut and Blow Dry	£20.00
Cut and Shampoo Set	£18.00





Matthew J Donnachie
RDT CDT DipCDTRcs (Eng)
Clinical Dental Technician
GDC No. 154580

catering

What better way to meet up with friends than in our warm relaxing lounge?

Afternoon Tea

Good company, great treatments and an afternoon tea with everything you would expect - tasty sandwiches, scones and irresistible cakes.



gift vouchers

Buy someone special the most perfect gift this year - a gift voucher.

Vouchers are available either as a monetary amount or choose your favourite treatment package.

Remember our team are always happy to help with suggestions and advice - simply give us a call on 01667 453000



Choose a treatment of your choice and a enjoy a morning
or afternoon at St. Ninian House with family and friends...

Minimum of four people
Minimum spend of £12.00 per person





ST NINIAN HOUSE

treatment rooms



Spa Party Terms and Condition's

- Minimum four guests - Max groups of twelve
- £50.00 non-refundable deposit provisionally books your spa party date.
- Pick a date and time
- Cancellations for the entire pamper party must be no later than seven days prior to the date of the party.
- All packages include non-alcoholic fizz. Over 18's can BYOB
- Full consultation forms must be completed for each guest.
- We can offer sandwich platters, cupcakes and additional items on request.
- Please ask if you have any special requests or requirements.

ST NINIAN HOUSE
treatment rooms

Find us on Facebook, Twitter, Instagram and TripAdvisor



CANCELLATION POLICY

24 hours notice is required, if not 50% of treatment will be charged

www.stninianhouse.com info@stninianhouse.com



01667 453000

St Ninian Road • Nairn • IV12 4EQ